

## Health Sciences Institute Interview Series: Evidence-Based Health Coaching: Applying Motivational Interviewing in Health Care

1. [What is Motivational Interviewing?](#)
2. [Patient-Centered Care or “Worst Case Scenario?” How can Clinicians Use MI to Target Patient Goals and Counteract Resistance?](#)
3. [What are the Guiding Principles of Motivational Interviewing?](#)
4. [What is the “Best Case Scenario” for Patient-Centered Care?](#)
5. [How Can Health Care Organizations Build Evidence-Based Health Coaching Teams?](#)